## Press Release

The IMA Chandigarh chapter and Tri-city ENT forum celebrated International Noise Awareness Day on 24th April 2019 at the traffic Auditorium, Traffic and security Lines, Sector-29, Chandigarh with the aim to create public awareness regarding noise pollution and its hazardous impact on hearing and brain auditory centre. Around 200 police officials of Traffic, Security and CRPF attended the function. DR. Rajesh Dhir, President IMA, Chandigarh Chapter and Head ENT Department at Govt. Multi-specialty Hospital Sector-16 gave an eye opening information about sound & noise as in general more than 85 db are harmful depending upon how long & how after a person is exposed to the noise. He advised hearing protection by ear plugs/ear muffs for those who are exposed to the excessive noise. For those who are in habit of using ear phones more than 15 min/day are at a greater risk of hearing loss.

. Dr Nitin Mathur, Jt. Secretary IMA Chandigarh dwelt upon the harmful effects of noise on hearing abilities of general public, leading to other health problems. Mr. T.S. Anand from Anand Hearing care explained to audience the basics of audiology and the management of problem arising due to excessive noise pollution.

Sh Vineet Kumar, IPS, SP/Traffic was the chief guest in the function. DSP/Traffic Jaswinder Singh and Harjeet Kaur were also present in the function. Sh Vineet Kumar SP/Traffic honored the doctors and members with mementos.

Issued by Chandigarh Traffic Police 24.4.19