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Yesterday, i.e. on 09.01.2017 in the evening a workshop **DE-Addiction:** Alcoholism on and Smoking & Stress Management was organized by Chandigarh collaboration with Dr. Reddy's foundation for Health Awareness in Recruit Training Centre, Sector-26, Chandigarh under the guidance of Shri Tajinder Singh Luthra, I.P.S., I.G.P., U.T., Chandigarh and supervision of Shri R.K Singh, I.P.S., S.P. **Operations & Training.** 120 police officers/officials (Inspectors, Sub Inspectors, Assistant Sub Inspectors, Head Constables and Constables) of Chandigarh Police attended this Workshop.

Dr. Rajeev Trehan, MD Psychiatric, Incharge De-Addiction and Psychiatry Department, Civil Hospital, Panchkula (HR) delivered lecture to the participants.

Dr. Brijlal, M.B.B.S. , PCMS, Police Hospital, Police Lines, Sector-26, Chandigarh also interacted with the participants.

Sh. Jaswinder Singh, Dy.S.P./Training & Lines, U.T., Chandigarh also addressed the participants on this issue.

Mr. Dhiraj Yadav, representative of Dr. Reddy foundation for Health Awareness was also present in the workshop.

The main objective to organize this workshop is to aware police personnel regarding adverse effects of Alcohol, Smoking and other Drugs/Intoxicants on the health of users. They were further told to seek the help of the Expert/Doctor while quitting the same.

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