## **Press Release**

In order to instill confidence and bring about the change in the state of mind that the girls can take on the challenges imposed on them in their day to day life, Women & Child Support Unit of Chandigarh Police organized a Self Defense programme under the leadership of Sh. Tajender Singh Luthra, IPS, DGP/UT/Chandigarh and under the supervision of Sh. Ravi Kumar Singh IPS, SP/Oprs/Chandigarh.



This programme envisions to cover all the schools in Chandigarh both private and Govt. Schools. In addition to schools & colleges W&CSU also plans to conduct such programmes for female employees. Sh. Ravi Kumar Singh IPS, SP/Oprs/Chandigarh inaugurated the programme at Govt. Model High School, Sector-29-A, Chandigarh and enlightened the audience about the need of self defense in daily life. Mr. Rajesh Kumar Ranchan, Principal of Govt. Model High School, Sector-29-A, Chandigarh appreciated the initiative of Chandigarh Police and requested to arrange such more training programme in future. The function ended with vote of thanks.

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